Nutrition Facts Serving Size 1 cookle, Amount per serving: 57g Calories 200, Calories from Fat 60, Total Fat 6.5g (10% DV), Sat. Fat 2.5g (13% DV), Trans Fat 0g (0% DV) Cholesterol Omg (0% DV), Sodium 270mg (11% DV), Total Carb. 33g (11% DV), Dietary Fiber 3g (12% DV), Sugars 8g, Protein 4g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (6% DV), Iron (8% DV). "Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Organic oats, gluten free flour mix (evaporated cane juice, brown rice flour, brown sugar, tapioca starch, arrowroot powder, rice syrup solids (rice syrup solids, rice protein, tocopherols), baking soda, salt, cream of tartar, xanthan gum, cinnamon, nutmeg, cloves), Non-GMO applesauce (apples, water, ascorbic acid), organic palm oil, ginger, baking powder (monocalcium phosphate, sodium bicarbonate, corn starch), vanilla extract, cinnamon, xanthan gum, baking soda, salt.

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES SOY, TREE NUTS AND PEANUTS.





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